



Division of Building Safety

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Flu Notice

Date: January 17, 2018

To: Idaho School Superintendents

From: Brian Armes, Idaho Office of School Safety and Security Manager

Re: Flu Notice

(Meridian) – While most schools have procedures in place for student illness, staff illness can pose a much more serious disruption to education. With the first district-wide flu closure in Idaho in effect, it is a good time to review and consider implementation of your School District’s contagion containment protocol.

The Centers for Disease Control recommends the following steps to help prevent the spread of contagious illnesses in schools:

- Communicate with staff:
 - Stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities.
- Reinforce to students:
 - Cover their nose and mouth with a tissue when coughing. Throw the tissue in the trash after you use it.
 - Sneeze into the crook of your arm.
 - Avoid touching your eyes, nose and mouth.
 - Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Notify all staff:
 - Increase hard surface wipe downs during the flu season.

For other suggestions specific to your area, contact your local Idaho District Health Department and for general Flu information refer to the Center for Disease Control Web Site at:

<https://www.cdc.gov/flu/pdf/freeresources/general/whats-new-2017-2018-factsheet.pdf>

If you have questions or would like further information, please feel free to contact this office directly at 208.332.7155 or School.Safety@dbs.idaho.gov

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